



Spay/neuter post-surgical care and recovery instructions

The first 24 hours post-surgery

- Allow your pet to recover in a quiet, safe place indoors.
- Your pet may be tired, nauseous, cold, or irritable after the surgery. This is not unexpected and should continue to slowly improve after the surgery.
- Offer small amounts of the food they eat regularly and water in the evening after the surgery. Your pet may feel nauseous, and it can take up to 48 hours for their appetite to return to normal.
- Your pet received a small green tattoo to indicate surgery was done.

The 10-14 days following surgery

- Supervise your pet and avoid running, jumping, or excessive playing for the next 7-10 days. Exercise can cause swelling and complications at the incision site.
- Keep the incision dry. No bathing or swimming.
- Check the incision twice daily until healed. (Some redness and swelling of the incision is expected and normal.)
- If your pet is licking the incision site enough to cause any redness or swelling, you will need to purchase an Elizabethan collar (E-collar or cone). Excessive licking can cause the incision to open.
- Male dogs and cats can still impregnate an unsterilized female up to one month after surgery. Please keep a close eye on your pet.

Follow up

The sutures used were dissolvable and do not need to be removed.

If you feel as though there are problems with the incision or your pet does not slowly continue to improve post-operatively, call us at (405) 292-9736 or email amy.tyler@normanok.gov.

Medication: ☐ None needed ☐ Begin tonight ☐ Begin tomorrow morning